



*Based on individual need and determined by your physician.*

- Contact Your Insurance Company:** To verify if weight loss surgery is covered under your plan. It is helpful to know if there are any requirements for approval.
- Information Session**
- Appointment with Medical Provider in the Metabolism Center**
- Pre-op Evaluation:** As determined by the provider
  - Sleep study
  - Endoscopy
  - Lab work
  - Appointment with Surgeon
- Meet with Team Members:** Some steps dictated by your insurance coverage
  - Registered Dietitian
  - Licensed Clinical Social Worker (LCSW)
- Team Review:** *\*A \$100 fee will be charged if you choose to have surgery at another facility. This fee covers staff time in transferring care, assistance with insurance pre-certifications and authorizations.*
- Insurance Authorization:** May take up to 6 weeks. Pre-cert and authorization team: 247-6916
- Pre-op Group Education:** Program fee of **\$400** due at this time. Program fee covers the cost associated with all education, support, and nursing services provided during the pre and post operative program. This includes assistance with insurance pre-certifications and authorizations. It also covers two-week and two-month follow-up visits with a Registered Dietitian.
- Liquid diet begins two to four weeks prior to surgery based on individual need**
  - This important step prepares your body for surgery.
- Surgery Date Scheduled**
- Contact Patient Financial Counselor:** Discuss estimated out-of-pocket prepayment and due date: 238-5373
- Pre-op appointment with Pre-Admission Testing Lab**
  - Receive all pre-op instructions and pre-hospitalization assessment
  - Meet with Anesthesiology
- Surgery Day**
  - Remember to bring CPAP machine with you if you have one. Bring patient handbook. Wear comfortable, loose clothing.



# Billings Clinic

## Metabolic Surgery *Steps Following Surgery*

- First post-op visit with surgeon** – two weeks following surgery
- Two week post-op visit with registered dietitian**
- Six week post-op visit with surgeon**
- Two month post-op visit with registered dietitian**
- Three month post-op visit with medical provider** – Labs due at this time
- Six month post-op visit with medical provider** – Labs due at this time
- One year post-op visit with provider** – Labs due at this time
- Annual visit with provider** – Labs due at this time
- Monthly Care and Support** – Support Group 3rd Monday of each month at 5:30 pm at the Metabolism Center